

Groves Middle School & Port Neches Middle School  
October 2023 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Biscuit & Turkey Sausage ~~~~~ Barbecue on a Bun, Steamed potatoes, Green beans, Fruit	3 Breakfast Bread ~~~~~ Frito pie with Chili, Cheese, Spinach , Baked Beans, Fruit	4 Breakfast Pizza ~~~~~ Chicken nuggets, Mashed potatoes, Gravy, Carrots, Fruit	5 Bagel ~~~~~ Quesadilla, Italian blend vegetables, Corn, Salsa, Fruit	6 Eggs & Toast ~~~~~ Pizza, Zucchini, Sweet potatoes, Fruit
9 School Holiday	10 School Holiday	11 Biscuit & Turkey Sausage ~~~~~ Hot Dog, Chili, Cheese, Baked Beans, Corn, Fruit	12 French Toast ~~~~~ Meatballs & Gravy, Rice, Green beans, Grape tomatoes, Fruit	13 Breakfast Pastry ~~~~~ Chicken fried steak patty, Mashed Potatoes, Gravy, Tuscan Blend Vegetables, Roll, Fruit <i>Early Release</i>
16 Bagel ~~~~~ Hamburger, Carrots, Corn, Fruit	17 Breakfast pizza* ~~~~~ Chicken nuggets, Mashed potatoes, Gravy, Broccoli, Bread, Fruit	18 Muffin & Yogurt ~~~~~ Chicken burger, Mixed vegetables, Tater tots, Fruit	19 Eggs & Toast ~~~~~ Nachos, Refried beans, Italian blend vegetables, Salsa, Fruit	20 Breakfast wrap ~~~~~ Pizza, Corn, Broccoli, Fruit
23 Cinnamon Roll ~~~~~ Taco snack, Pinto beans, Peas & Carrots, Salsa, Fruit	24 Pancake wrap w/Turkey Sausage ~~~~~ Popcorn chicken, Mashed potatoes, Gravy, Corn, Roll, Fruit	25 French Toast ~~~~~ Corn Dog, Grape Tomatoes, Broccoli, Fruit	26 Kolache ~~~~~ Pizza bites, Marinara, Tuscan blend vegetables, Northern beans, Fruit	27 Pancakes ~~~~~ Hamburger, Green beans, Tater tots, Fruit
30 Biscuit & Turkey Sausage ~~~~~ Barbecue on a Bun, Steamed potatoes, Green beans, Fruit	31 Breakfast Bread ~~~~~ Frito pie with Chili, Cheese, Spinach , Baked Beans, Fruit			

*This institution is an equal opportunity provider.*

*Menu is subject to change due to availability of food items. \*May Contain pork.*

*Visit our Child Nutrition website @ [www.pngisd.org](http://www.pngisd.org) to make a payment or to complete an online meal application.*

*Questions? For GMS Contact Wendy Jarrell, Manager, For PNMS contact Ena Broussard, Manager*